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at least first and second hand-movable elements each having anterior and posterior ends, said elements extending in the same orientation, each element having at least one point thereon connectable to a tool or other object; and

at least a first means linking said first and second elements and being movable with respect to at least one of them, said first linking means also being connectable to an additional element,

said first linking means being arranged on said elements such that when said first linking means is moved with a controllably reversible driving motion with respect to either of said anterior and posterior ends of a selected reference one of either of said first and second elements, wherein said driving motion is in a direction in-line with said orientation,

then said first and second elements, and if connected, said additional element are simultaneously provided with a controllably reversible and multipliable, non-gravity dependent, linear-to-linear driven motion with respect to each other in-line with said orientation,

said driven motion being in the same direction as said driving motion, or reverse thereto, in accordance with which reference one of said first and second elements was selected in respect of said driving motion.

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